

**School Wellness Committee
District Wide
Agenda / Minutes**

September 28, 2017

- The District Wellness Committee (Core Group) Members consisting of Yancy Ford, Jessica O'Leary, Claire Barnes, and Karen Warnell met to discuss the planning stages of the newly devised District Wide Wellness Committee.
- The following items were discussed:
 - Potential members on the DWWC
 - Set an Agenda for our Oct. 4th meeting
 - Possible dates for the DWWC
 - Documentation needed for School Nutrition Review approaching in 2018-2019
 - What does School Wellness Meetings look like (agenda, team members, activities, etc.)
 - Other Business - School Health Index

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October 4, 2018

- Dr. Ford opened the meeting with general introductions and welcomed all members to the DWWC. The process and need for a DWWC was explained and covered in the meeting.
- Dr. Ford covered and overview of the Wellness Committee Process and updated the group members on the District's Wellness Policy (EEE). The new policy was adopted in the Spring of 2017 and the school system went through an entire policy overhaul.
- There was a brief discussion concerning some background info in regards to Alliance for a Healthier Generation. Dr. Ford discussed the do's and don't surrounding Health Food/Snack Compliance in regards to fundraisers and school stores.
- There was a brief discussion on the overview of the District's Assessment Modules and how they fit with what the district would like to accomplish.
- Karen Warnell, District Nurse Coordinator spoke about the School Health Index and the process for each school's (School Wide Wellness Committee) to complete their School Health Index. The due date will May 25, 2018.
- Dr. Ford discussed the various Wellness Activities currently being conducted at each school and congratulated each school member present for continuing to allow time at the schools for wellness.
- Mrs. O'Leary gave the group an update on what a School Nutrition Administrative Review would entail and more info will be forthcoming.
- The committee discussed the following possible future dates (January 24th, April 18th)
- Joe Tallent from Effingham Health Systems discussed the partnership with the school district in regards to Telemedicine and the two schools that are at the beginning stages of implementation (SES/GES).
- No further info - committee adjourned

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May 22, 2018

- Dr. Ford welcomed everyone to the meeting
- The committee discussed the following items in detail
 - Each school gave updates on their progress on the School Health Index (good/bad, etc.)
 - Schools discussed their wellness activities (housed on google docs) with the committee. Each school has a wide variety of activities going on in relation to School Wellness.
 - Jessica O'Leary gave an update on the Administrative Review coming up in December and provided some examples of what the group could expect during the Review.
 - The Committee discussed the plan for the upcoming year in regards to the School Health Index.
 - Time Frame (School Health Index) (Total of 5 Action Steps)
 - 2017 - 2018 - Schools completed the SHI
 - 2018 - 2019 - Identify 2 Actions to work towards
 - Nurses will share results with the school staff
 - 2019 - 2020 - Identify 2 Actions to work towards
 - 2020 - 2021 - Identify 1 Action to work towards and complete a new School Health Index